The Proteus Leadership Centres

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11 tips for success with your next presentation

We all know presenting can be a daunting experience these handy hints will assist you to build greater confidence with your next important presentation.



- 1. Thoroughly familiarise yourself with the materials/content of the presentation.
- 2. Rehearse the presentation; if possible pilot test and/or video tape it.
- 3. Complete a course in public speaking.
- 4. Obtain information about the audience in advance.
- 5. Introduce yourself to the group before the presentation.
- 6. Prepare a presentation plan that is easy to follow.
- 7. Try to put yourself in the audiences' position ("what am I likely to get out of this?").
- 8. Use eye contact to assist in establishing rapport with the group.
- 9. Anticipate potential problems, situations or tough questions. Prepare and practise responses to them.
- 10. Identify your own fears, classify them as controllable or uncontrollable, and confront them.
- 11. Do not apologise or tell the group you are nervous (you will lose credibility).

Des Penny, CEO of The Proteus Leadership Centres, will be taking his exciting 'Presenting Your Socks Off' workshop across Australia in the next couple of months.

This is a great opportunity for those people that already present or for those that want to move into presenting, to hone their skills in the areas of preparation and presentation and to also explore the areas of conference speaking and being a conference MC and preparing and presenting at a workshop.

You can hear Des' own thoughts on this *Presentation Skills Masterclass* in the podcast below. <u>pyso-pod.mp3</u>

Please click here - 'Presenting Your Socks Off' - to download a flyer with registration or contact us on 03